



July 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Activities run a minimum of thirty minutes each.</p> <p>Check your daily schedule for updates and additions.</p> <p>All supplies are accounted for at the end of an activity.</p>	<p>1 <i>Happy Birthday Charlotte Jordan</i></p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:00 Donut Day (L) 10:15 Seated Exercise (fr) 11:00 July Facts/Trivia (L) 1:15 Scenic Drive 2:00 Chronology (ar) 3:00 Creative Writing (cr) 3:00 American History Trivia (L)</p>	<p>2 <i>Happy Birthday Mary Lou Smith</i></p> <p>10-12 Little Shop Open (First Floor) 10:00 Morning Matinee (T) 10:30 Balloon Volley (1sr Fl) 10:30 Rosary/Communion (C) 11:00 It Happened in July (L) 2:00 Watermelon Social (dp) 3:00 Bible Study (C) 6:15 Special Prize Evening Bingo (dp)</p>	<p>3</p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Random Trivia (L) 2:00 Music with Joe (ml) 3:30 Ice Cream Social (dp) 6:30 Movie (T)</p>	<p>4</p> <p>Happy Birthday America!! Patriotic Sing Along Video (T) 10:30 11:00 Hymn Sing (C) 11:30 Interfaith Prayer (C) Main Meal at Noon Today 2:00 History Lecture (dp)</p>	<p>5</p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Birthday of the Bikini (L) 1:30 P.T. Barnum Day (L) 2:30 Building America (L) 3:30 Crosswords (L)</p>	<p>6 <i>Happy Birthday Margaret Holdsworth</i></p> <p>1:15 Bingo (dp) 2:30 Movie (T)</p>
<p>7</p> <p>2:00 Protestant Church (C) 4:00 Catholic Mass (dp) 6:30 Movie (T) Skyscraper</p>	<p>8</p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Old Maid Card Game (L) 1:15 Scenic Drive 2:00 Craft Project (cr) 3:00 Creative Writing (cr) 3:00 Rockefeller's Birth Anniversary (L)</p>	<p>9</p> <p>10-12 Little Shop Open (First Floor) 10:00 Men's Group (cr) 10:30 Rosary/Communion (C) 11:00 Who/What Am I? (L) 2:00 Famous UVA Students (L) 3:00 Bible Study (C) 6:15 Evening Bingo (dp)</p>	<p>10 <i>Happy Birthday Mary Moynihan & Dan Garlick</i></p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Finish the Phrase (L) 11:30 Book Mobile (fpl) Resident Council (dp) 1:30 Who/What Am I? (L) 2:30 Who/What Am I? (L) 3:30 Cranium Crunches (cr) 6:00 Music with Bill Porter (ml)</p>	<p>11 <i>Happy Birthday Peggy Lantz & Pat Fuller</i></p> <p>11:00 Hymn Sing (C) 11:00 Blueberry Muffins/Good News (L) 11:30 Interfaith Prayer (C) 2:00 Space Themed Social Hour (dp) 3:30 Exercise Class (fr)</p>	<p>12</p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Henry David Thoreau Day (L) 11:30 3rd Friday Series 1:30 IN2L Activity (L) 3:30 Crosswords (cr)</p>	<p>13</p> <p>1:15 Bingo (dp) 2:30 Movie (T)</p>
<p>14</p> <p>2:00 Protestant Church (C) 4:00 Catholic Mass (dp) 6:30 Movie (T) A Walk in the Clouds</p>	<p>15 <i>Happy Birthday Brenda Welch</i></p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Remembering Rembrandt Day (L) 1:15 Scenic Drive 2:00 Chronology (ar) 3:00 Creative Writing (cr) 3:00 Astronaut Training (L)</p>	<p>16</p> <p>10-12 Little Shop Open (First Floor) 10:30 Rosary/Communion (C) 11:00 Reminisce Reading (L) 1:30 Movie (T) 2:00 Word Game (L) 3:00 Bible Study (C) 4:00 Sing Along (First Floor) 6:15 Evening Bingo (dp)</p>	<p>17</p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Art Linkletter's Birth Anniversary (L) 2:00 Music with Jodi (ml) 3:30 Cranium Crunches (cr) 6:15 Evening Happy Hour (TBD)</p>	<p>18</p> <p>10:00 Sweet Treats (L) 10:30 Out to Lunch: The Olive Garden 11:00 Hymn Sing (C) 11:30 Interfaith Prayer (C) 1:30 Movie (T) 3:30 Exercise Class (fr)</p>	<p>19</p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Moon Landing Discussion (L) 1:30 Word Game (L) 2:30 IN2L Activity (L) 3:30 Crosswords (cr)</p>	<p>20 <i>Happy Birthday Fay Clark</i></p> <p>1:15 Bingo (dp) 2:30 Movie (T)</p>
<p>21</p> <p>2:00 Protestant Church (C) 4:00 Catholic Mass (dp) 6:30 Movie (T) The Truman Show</p>	<p>22</p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Word Games (L) 1:15 Scenic Drive 2:00 Craft Project (ar) 3:00 Creative Writing (cr) 3:00 Pet Photo Day (L)</p>	<p>23</p> <p>10-12 Little Shop Open (First Floor) 10:30 Rosary/Communion (C) 11:00 Random Trivia (L) 2:00 Family Feud (L) 3:00 Bible Study (C) 3:00 Building America (L) 6:15 Evening Bingo (dp)</p>	<p>24</p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Who/What Am I? (L) 11:30 Book Mobile (fpl) 2:00 Corn Hole (First Floor) 3:30 Cranium Crunches (cr) Birthday Dinner 6:15 Music with Bob Clouse (ml)</p>	<p>25</p> <p>10:00 Morning Matinee (T) 11:00 Hymn Sing (C) 11:00 Good News Currents (L) 11:30 Interfaith Prayer (C) 2:00 History Lecture (dp) 3:30 Exercise Class (fr)</p>	<p>26</p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Adult Coloring (L) 1:30 Men's Group (cr) 3:30 Crosswords (cr)</p>	<p>27</p> <p>1:15 Bingo (dp) 2:30 Movie (T)</p>
<p>28</p> <p>2:00 Protestant Church (C) 4:00 Catholic Mass (dp) 6:30 Movie (T) Places in the Heart</p>	<p>29</p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Balloon Volley (L) 1:30 Scenic Drive 2:00 Chronology (ar) 3:00 Creative Writing (cr) 3:00 Strawberry Activity (L)</p>	<p>30</p> <p>10-12 Little Shop Open (First Floor) 10:00 Morning Matinee (T) 10:30 Rosary/Communion (C) 11:00 Out to Lunch: Guadalajara 2:00 Family Feud (L) 3:00 Bible Study (C)</p>	<p>31</p> <p>9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Word Games (L) 2:00 Monarch Butterfly Presentation (dp) 3:30 Sing Along (First Floor)</p>	<p>1ST Floor Activity Locations L = Lounge C = Chapel dp = DePiro Room T = Theater FR = Fitness Room</p>	<p>2nd Floor Activity Locations ml = Main Lobby Lib = Library FPL = Front Parking Lot</p>	<p>3rd Floor Activity Locations ar = Activity Room cr = Card Room</p>